



TEXAS DEPARTMENT OF HEALTH  
AUSTIN TEXAS  
INTER-OFFICE

#02-139

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Barbara Keir, Director (Original Signed)  
Division of Public Health Nutrition and Education  
Bureau of Nutrition Services

**DATE:** November 22, 2002

**SUBJECT:** Teleconference on parenting and youth development for Summer 2003

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The Texas WIC Program, in conjunction with Texas Department of Health (TDH) Bureaus of Children's Health and Women's Health, is planning a parenting/youth development teleconference for Summer 2003. The purpose will be to educate WIC staff about the concept of youth development, parenting issues, and teen parents. We want input from all staff who interact significantly with WIC participants to help us further define the content of this teleconference. Please make copies and ask your staff to complete the attached *Parenting/Youth Development Teleconference Questionnaire* and return by **Friday, December 6, 2002**. Please fax the completed questionnaire to Ms. Delores Preece, Bureau of Nutrition Services, at (512) 458-7609.

If you have questions or require additional information, please contact Delores Preece, Public Health Nutrition and Education, Bureau of Nutrition Services, at (512) 458-7111, extension 3444 or Mary Van Eck, Nutrition Education Coordinator, Public Health Nutrition and Education, Bureau of Nutrition Services, at (512) 458-7111, extension 3484.

Attachment

# Parenting/Youth Development Teleconference Questionnaire

Please complete this questionnaire and return to:  
Delores Preece, by Friday, December 6, 2002  
at (512) 458-7609.

I am a:

- |   |                                       |                                |
|---|---------------------------------------|--------------------------------|
| <input type="checkbox"/> Registered Dietitian | <input type="checkbox"/> Nutritionist | <input type="checkbox"/> Nurse |
| <input type="checkbox"/> clerical staff       | <input type="checkbox"/> Other _____  |                                |

Please check the following topics you are interested in learning about during this teleconference.

## Parenting Issues: young child

- |   |   |
|---|---|
| <input type="checkbox"/> Safety in neighborhoods                    | <input type="checkbox"/> Toilet training            |
| <input type="checkbox"/> Discipline                                 | <input type="checkbox"/> Managing the crying infant |
| <input type="checkbox"/> Communication                              | <input type="checkbox"/> Sleep                      |
| <input type="checkbox"/> How to promote fatherhood                  | <input type="checkbox"/> Shaken Baby Syndrome       |
| <input type="checkbox"/> Prevention of Sudden Infant Death Syndrome | <input type="checkbox"/> Child abuse                |
| <input type="checkbox"/> Safety in home                             |   |

## Growth and development of the young child:

- |   |   |
|---|---|
| <input type="checkbox"/> Language development   | <input type="checkbox"/> Social/emotional development |
| <input type="checkbox"/> Preventing illness   | <input type="checkbox"/> When to refer                |
| <input type="checkbox"/> Physical development<br>(walking, climbing, hand-eye coordination) | <input type="checkbox"/> When to call the doctor      |

## Growth and development of the adolescent:

- |   |  |
|---|--|
| <input type="checkbox"/> Psycho-social development of teens                 | <input type="checkbox"/> Reproductive physiology |
| <input type="checkbox"/> Developmental expectations of teens                | <input type="checkbox"/> Talking to teens        |
| <input type="checkbox"/> Characteristics of early, middle, late adolescence |  |

## Teen parenting:

- |  |  |
|--|--|
| <input type="checkbox"/> How to prevent unwanted pregnancy | <input type="checkbox"/> How to prevent violence and abuse |
| <input type="checkbox"/> How to involve the male parent    |  |

***Thank you for your participation!***